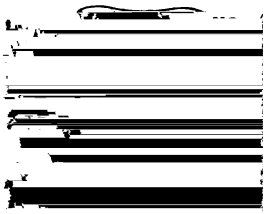


CHAMPIONSHIP
DISTANCE

LLYN TEGID / BALA LAKE (Junior / Senior / Novice)



2. This swim is restricted to fully paid-Tf -0atri fully paid

4. *It is the responsibility of the swimmer to ensure that their safety cover is at the briefing in good time. If a swimmer's safety cover is not at the briefing the swimmer will not be allowed to start the race.*
- 5.

General Information

All persons are advised to report any incidents, including near misses, to a nominated person who shall be named at the championship briefing meeting.

The BLDSA has in place Anti-