



Colwick Park Long Distance Swimming Club

Annual Open Water Championship

under BLDSA Rules - conventional costumes only

Briefing at 11:15

Start at 12:00 & 12:30

Sunday 18th May 2008

Entry Fees: £18.00 Seniors ☺ £8.00 Juniors & Novices ☺ £30.00 per Relay Team

☺ free T-shirt for all event participants on the day ☺ certificate for all finishers ☺ excellent raffle prizes ☺

☺ event programmes and drinks on sale ☺

....and changing & shower facilities will be available again this year!!

Category: <u>circle</u> the one which applies	Male	Female	Junior	Junior must be under 16 on event day		Relay
Stroke: <u>circle</u> the one which applies	Freestyle		Breast-stroke		Butterfly	
Event: <u>circle</u> the one which applies	1km Novice	4 x 1km Relay		2km	4km	
Relay Team Name:					Please ensure all 4 team member entry forms are submitted together	
Name: Title + Forename + Surname					Date of Birth:	
Address:						
					Postcode:	
Telephone:	Home:			Work:		
	Mobile:			Fax:		
Email:						
Swimming Club:						

Entries must be received by us before 09:00am Saturday 10th May 2008

I, the undersigned, hereby agree to take part in the event at my own risk and will hold neither Colwick Park Long Distance Swimming Club nor Nottingham City Council liable for any loss or injury I may suffer in so doing.

Signed: Date:

Signed: Date:

Parent/guardian to sign if entrant under 18yrs

I, the undersigned, hereby certify the entrant's swimming ability is of a high enough standard for competing in an open water event of this distance. [to be signed by a club official with personal knowledge of entrant's ability]

Signed: Date:

Name: Position:

Club:

Please send completed forms together with payment [cheques made payable to C.P.L.D.S.C.] and S.A.E. to:

Peter Lewis, 6 Mapperley Street, Sherwood, Nottingham NG5 4DE

Tel: 0115-952-6266



Colwick Park Long Distance Swimming Club

Annual Open Water Championship

Sunday 18th May 2008

Vale Social Club Vale Road, Colwick

from 2:00pm onwards
meals served between 2:30pm and 3:00pm

Sunday Roast £6.50

or

Chicken Stew served in a large Yorkshire Pudding £6.50

or

Nut Cutlet with Vegetables and Potatoes £6.50

followed by

Apple Pie with Custard or Cream

(included in price of main course)

We have a private function room with a bar. Prize giving and Raffle draws will commence at approximately 3:00pm

In order to ensure correct provisions on the day, we must ask you to cut off and complete the "order" slip and submit it with your race entry form and payment cheque for the appropriate amount.

It is unlikely meals will be available to order on the day so do it now and avoid disappointment!

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Order Slip

Race Entrant's Name:

I would like Sunday Roast meals @ £6.50 each = £

I would like Chicken Stew meals @ £6.50 each = £

I would like Nut Cutlet meals @ £6.50 each = £

Total = £.....