

SOLENT SWIMMING CLUB OPEN WATER SWIM 2008

(Under BLDSA Rules)

Entry Form

FULL NAME (Capitals) _____

ADDRESS _____

POSTCODE _____ TEL NO _____

E MAIL ADDRESS _____

AGE ON DAY OF SWIM _____

NAME OF CLUB (in full) _____

Please tick relevant box in both A AND B.

A MALE

A FEMALE

B 4000 METRES

B 2000 METRES

Senior swim only swimmers must be 18 or over on the day of swim. The club will not incur any legal liability for anything done or omitted to be done by them and shall not be liable for any personal injury, damage to, or loss of property sustained by any person in connection with the above competition.

Signed _____ Date _____

Entry Fee

Entry fee is **£10.00** and includes entry, donation to various charities, chocolate bar and certificates to all finishers. Prizes will be awarded to category winners.

All entries should be accompanied by the correct fee and a stamped self addressed envelope or e mail address which must be received by **11 July 2008** (cheques should be made payable to Solent Swimming Club) and sent to:-

Peter Collett 108 Lackford Avenue Totton Southampton Hampshire SO40 9DH
Telephone No: 023 8086 5228

SOLENT SWIMMING CLUB
OPEN WATER SWIM 2008

SUNDAY 20 JULY 2008 AT 12.30
STANSWOOD RESCUE BASE
CALSHOT BEACH
NEW FOREST HAMPSHIRE

Information Sheet please retain

Swimmers must register by **11.45 am**

A briefing will take place at **12.00 pm** and the swim will start at **12.30 pm**

Senior Swim 4000 metres

Senior Swim 2000 metres

The swim is along the sea shore westwards towards Lepe Beach and back. Spectators can walk the course along the shingle beach. There is ample **pay** parking near the start. A small snack cafe serves the beach.

Entries should be returned to the Swim Secretary as soon as possible but no later than **11 July 2008**. Please enclose a stamped self addressed envelope or e mail address and the correct entry fee.

All swimmers must provide their **own swimming hat** which must be worn. Raffle tickets will be available at registration to purchase in aid of Stanswood Rescue.

All swimmers who complete the course will receive a certificate. Prizes will be awarded to category winners.

Swim Secretary: Peter Collett
108 Lackford Avenue
Totton
Southampton
SO40 9DH
Telephone No: 023 8086 5228